



Laurel Heights Hospital Intensive Residential Treatment Services

Laurel Heights specializes in the treatment of children and adolescents ages 7-21 with complex psychiatric and behavioral problems, co-occurring developmental disabilities, Asperger's Syndrome and Autism.

- Attention Deficit Hyperactivity Disorder (ADHD)
- Pervasive Developmental Disorders (PDD)
- Post Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder (RAD)
- Bipolar Disorder
- Depression
- Psychotic Disorders

In this highly structured, safe and supportive therapeutic environment, we build on strengths to help each child develop needed skills to function more successfully in the community.

- *On-staff Board Certified Child and Adolescent Psychiatrists*
- *High staff to youth ratios allow for individualized treatment and attention*
- *Specialty Unit for children severely affected by Autism*
- *SACS CASI accredited private school*
- *Children are placed in seven separate cottages for girls and boys according to age group and functioning level*
- *Specialty track for boys with sexual behavior problems*
- *24-hour Nursing Care*
- *Recreation Therapy & Community Integration Activities*
- *Individual, family and group therapy*
- *Laurel Heights is contracted with most major commercial insurance plans and Medicaid programs*

Treatment Modalities

- *Dialectical Behavioral Therapy (DBT)*
- *TFCBT (Trauma-Focused Cognitive Behavioral Therapy)*
- *ABA (Applied Behavioral Analysis)*
- *PBIS (Positive Interventions and Supports)*



Autism Day Program

- Certified special education teachers
- Board Certified Behavior Analysts
- Specially trained support staff who implement state-of-the-art ABA strategies including Verbal Behavior
- Analysis, Discrete Trial Training, Natural Environment Teaching and Task Analysis Training.

**Hours: 8:30am-3:00pm
Monday-Friday**

Services Provided

- *Comprehensive Behavior Intervention Plans:* When indicated, our Board Certified Behavior Analysts will develop behavior intervention plans to address challenging behavior
- *Vocational training*
- *Speech and Occupational Therapy*
- *Nursing:* On site staff administer any needed medications.
- *Recreation Therapy:* Certified recreation therapists lead daily activities groups that focus on gross/ fine motor skills as well as socialization.
- *Parent training:* Offered to facilitate continuity between home and school environments and to ensure generalization and maintenance of newly learned skills
- *Transition services:* When children are ready to return to their home school, Laurel Heights provides training to school personnel to promote a successful transition.

LAUREL HEIGHTS

**For additional information:
Please contact 404.888.5475**

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